

Parent Resource Support Group

Do you have a child that lives with a mental illness?



**3rd Tuesday of month
10:30 am – 12:00 pm**

Savage

Caribou Coffee
7745 Egan Drive

The group's table will have a red, rubber duck on it.

For more information, contact
NAMI at 651-645-2948



1919 University Ave. W., Ste. 400
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Toll Free: 1-888-626-4435
www.namimn.org

Description:

NAMI Minnesota (National Alliance on Mental Illness) provides support groups to help parents discover resources to meet the challenges of raising a child with a mental illness, learn coping skills and develop problem solving skills.

Parents and Caregivers of children under 18 living with, but not limited to: ADHD, Anxiety, Autism, Bipolar, Depression, Eating Disorders, Schizophrenia, and others are welcome.

Support groups are facilitated by a parent who has a child with a mental illness and who has received specialized training.



NAMI Minnesota (National Alliance on Mental Illness) is a non-profit organization dedicated to improving the lives of children and adults with mental illnesses and their families. NAMI Minnesota offers education, support and advocacy.