

A GUIDE TO HEALTHY HOUSEHOLD CLEANERS

Easy, effective and inexpensive recipes and tips for healthy home cleaning and maintenance.



Care For Creation

Do the warming temperatures have you thinking about spring cleaning?

As you clean, avoid harsh chemicals and try new cleaning recipes for a healthier clean that will not contaminate your indoor air quality. Use common household products like baking soda and white vinegar to create cleaners that are effective and less costly than store-bought cleaning products.

- Read the labels on your cleaners. Some might have specific directions to be effective like needing to add water to dilute a strong cleaner.
- Keep these six simple ingredients on hand to save time and money: baking soda, borax, plant-based liquid soap, washing soda, white vinegar and vegetable oil.
- Look for simple cleaning recipes in the Dakota County Guide to Healthy Household Cleaners at <https://www.co.dakota.mn.us/Environment/Residential/HHW/Documents/HealthyHouseholdGuide.pdf>
- Make cleaners in small batches so you always know they're fresh.

Host a "Make a Green Cleaner" party. Every participant will get to keep their own spray bottle of all purpose cleaner. Send email to Jenny Kedward at Jennifer.kedward@co.dakota.mn.us or call 952-891-7043 to check out a kit to lead it yourself or have Dakota County staff help.